

Where Does Food Come From?  
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Photographs by Shelley Rotner

Cocoa beans are seeds. They grow on cocoa trees. Chocolate is made by crushing and cooking cocoa beans. Hot cocoa is made from chocolate. Apples are fruits that grow on trees. An apple is picked right off the tree. Apple juice is made by pressing the juice from apples. Potatoes are vegetables. These vegetables grow under the ground. French fries are made from potatoes. Wheat is a grain that grows in fields. Flour can be made by crushing the wheat. Bread is made from flour. Rice is a grain. It grows in wet fields called paddles. Rice that you eat is made by cooking the grain. Corn is grain that grows in fields. Popcorn is made from corn. First you heat it, and then it pops. Milk comes from cows—or sometimes from goats. Butter, cheese and ice cream are made from milk. The eggs you eat are laid by hens. The hens live on farms. There are many ways to cook eggs. Tomatoes grow on vines. Ketchup is made from tomatoes. Honey is made by bees. They bring the nectar of flowers to the hive. Maple syrup is made from sap. The sap drips from maple trees. Where does your favorite food come from?

What are two foods that come from plants in this story?

\_\_\_\_\_ and \_\_\_\_\_

What are two foods that come from an animal in this story?

\_\_\_\_\_ and \_\_\_\_\_

Can you name three foods that are NOT in the story?

\_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_

Answer the question at the end of the story....Where does your favorite food come from? \_\_\_\_\_

Draw a picture of what your favorite food looks like while it is a plant or animal.